

## **COVID-19 UPDATE: CONTINUING SAFE LIVING WITHIN OUR COMMUNITY**

To Our Residents and Family Members,

At this time of year, normally we would begin to enjoy the outdoors and welcome in spring and warmer weather. Rest assured, normalcy will return to our community at some point. For now, we're living with protocols that have changed our daily routines. We need to keep in place the changes that we made within our community. Our safety measures are being evaluated on a continuing basis. While these restrictions are difficult, maintaining them is necessary for the safety of our residents, your family members, and our staff.

The dining room and snack bar are still closed, and meal and beverage service by cart will continue. Please continue to place your sealed trash bag outside your door for daily pickup. I understand that visitor restrictions are one of the most challenging changes to accept. Please understand that this decision follows from guidelines and recommendations issued by The Centers for Disease Control and Prevention (CDC). Limiting in-person contact, keeping safe distances, and washing hands thoroughly are all important for reducing the risk of contracting COVID-19.

Keep in mind that family and friends are encouraged to drop off important supplies or medication that you may need. Our staff will make sure that we get these items to you. Remember, if you are feeling ill or have a need to see a doctor, a new option exists to access a doctor from your phone. Take advantage of telehealth. You can talk to a doctor from the safety of your room at any time of day or night. The service is called MeMD and can be accessed by calling 855-636-3669 and using the code KZVJ6N33. You can speak with a doctor who is part of a national network of providers. Let me know if you have any questions.

I know that our isolation from one another is hard. We miss socializing at mealtimes and our other activities. We'll keep the Daily News sheets coming and continue to find ways to keep us all engaged, positive, and entertained. I encourage you to visit our website for ongoing updates and additional information.

Thank you for your support and understanding as we work through this unprecedented situation. Together, we will get through this.

General Manager